

URGENT ACCESS MSK CLINIC  
PROVIDED BY

# Rebalance<sup>MD</sup>

*\*Referral Preferred but Not Required*

*Referrers please use the MSK  
Referral form on our website and  
indicate "Urgent Access" or call  
250-883-7991*

Dedicated Line:

Text or Call  
250-883-7991  
for use by physicians  
and patients

Answered  
7 days per week  
7am-9pm

Please text only after 9pm



In an effort to offload our local Emergency Departments and Family Practice Physicians during the COVID-19 pandemic, RebalanceMD is offering a safe clinic for patients with urgent MSK issues so they aren't waiting unnecessarily.

Patients will be promptly and safely assessed by our Acute Injury team of Sports Medicine Physicians and will have access on-site to: XRay, Physiotherapy, Splinting, Bracing, Casting, Cast Removal, Orthopaedic Specialists (as required).

Treatment tailored to the patient's specific injury may involve any of the other services already offered at RebalanceMD and can begin immediately to maximize their recovery.

## The Following Injuries Will Be Seen:

Ankle sprains or possible fractures  
Knee injuries  
Wrist and elbow injuries  
Rotator cuff tears  
Shoulder injuries  
Fractures  
Contusions (bruises)  
Uncomplicated lacerations

## We Will Not Be Equipped For:

Head injuries  
Chronic pain  
Neck, back/spinal pain  
Trauma patients, obvious deformities  
– should present to the ER.