

Rebalance^{MD}

Contacts

For ReBalanceMD, including physiotherapy, please visit:

<https://rebalancemd.com/contact/>

For COVID-19 related general info: 1-888-268-4319

For COVID-19 related health questions contact BCHealthLink at 811

For other medical issues please contact your primary care provider – many are offering virtual care visits when in-person visits are impractical or unavailable

For emotional support and emergency mental health information please call the Vancouver Island Crisis Line at 1-888-494-3888

Other crisis supports are listed at:

<https://www.islandhealth.ca/our-services/mental-health-substance-use-services/crisis-emergency-services>

In case of emergency of physical or mental health please call **911**