

Rebalance^{MD}

Pain Management by Rebalance^{MD}



Our collaborative environment provides a unique opportunity for the integration of pain management services into musculoskeletal care.

Our experienced team prides itself in being able to assist patients to get back to a high quality of active life.

“Living in pain can become emotionally distressing and can drastically change a person’s life. My role is help people find realistic solutions to pain, so that they live an as active and fulfilling life as possible.” – Christopher Dunn

Pain Management Specialist



Christopher Dunn

Services at Rebalance^{MD}

- Cognitive Behavioural Therapy
- Mindfulness
- Acceptance and Commitment