

**Rebalance<sup>MD</sup> Physician Referral Information Form**

Orthopaedic Surgery - Physical Medicine & Rehabilitation (EMG/NCS) - Sports Medicine- Osteoporosis Medicine  
**Phone 250 940 4444** [www.rebalancemd.com](http://www.rebalancemd.com) **Fax 250 385 9600**

**MEDICAL IMAGING:**

- All adult patients require x-rays in order for the referral to be triaged
- All Lower Extremity X-Rays should be ordered as WEIGHT BEARING IF PATIENT IS ABLE
- May write simply: "Ortho views – body part" on requisition for CML & VIHA. Eg for knee: "Ortho views-knee"

<b>MEDICAL IMAGING CHART: PREFERRED XRAY VIEWS</b>			
C Spine	AP, Lateral, oblique views	Clavicle	2 views
C Spine trauma	C spine + open mouth odontoid	Elbow	AP, lateral, oblique
Thoracic Spine	AP & lateral	Wrist	AP, lateral
Lumbar Spine	AP & lateral	Scaphoid	Wrist, plus scaphoid view
Shoulder: rotator cuff, arthritis	True AP glenohumeral joint, transscapular Y, axillary view	Hip	AP pelvis, true lateral of hip to include proximal 1/3 of femur
Shoulder: dislocations	Standard 3 views of shoulder plus apical oblique	Knee	Weight bearing AP, lateral, skyline patella
AC Joint	AC joint views	Ankle	Weight bearing AP, lateral & Mortise
		Foot	Weight bearing AP, lateral; oblique

**SURGEON AND PHYSICIAN DIRECTORY:**

<b>ORTHOPAEDIC SURGERY</b>		
Surgeon	Sites	Areas of Interest
Dr. R. Stephen Burnett	RJH	1° & revision knee & hip arthroplasty, knee arthroscopy, adult trauma
Dr. Peter Dryden	VGH, SPH	Foot & ankle, diabetic foot & ulcer clinic, 1° knee arthroplasty & arthroscopy, adult & paediatric trauma
Dr. Duncan Jacks	RJH	1° knee & hip arthroplasty, knee & shoulder arthroscopy, adult trauma
Dr. Colin Landells	RJH	Shoulder arthroplasty & reconstruction, elbow & wrist, knee arthroscopy & ACLs, adult trauma
Dr. Ralph Lapp		Adult orthopaedics (non-operative)
Dr. Sonja Mathes		Adult orthopaedics (non-operative)
Dr. Patrick McAllister	RJH	1° & revision knee & hip arthroplasty, knee arthroscopy, adult trauma
Dr. Charles Nelson	VGH, SPH	1° knee & hip arthroplasty, knee arthroscopy, complex knee reconstruction, shoulder arthroscopy, adult & paediatric trauma
Dr. Michael O'Neill		Adult orthopaedics (non-operative)
Dr. Norgrove Penny	VGH	Sports medicine, alternate paediatric & adolescent orthopaedics
Dr. Lucas Pugh	VGH, RJH, SPH	1° & revision knee & hip arthroplasty, knee arthroscopy, adult trauma
Dr. Michael Stanger		Adult orthopaedics (non-operative)

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Dr. James Stone	RJH, VGH, SPH	1° knee & hip arthroplasty; shoulder, knee & ankle arthroscopy & sports medicine; adult & paediatric trauma
Dr. Eric Torstensen	VGH, RJH	Foot & ankle, 1° knee & hip arthroplasty, revision hip arthroplasty, knee arthroscopy, adult & paediatric trauma
Dr. Dal Wahl	VGH, SPH	1° knee & hip arthroplasty; adult spine; general orthopaedics
Dr. Brent Weatherhead	VGH, SPH	Paediatric & adolescent orthopaedics, arthroscopic shoulder & knee surgery, paediatric & adult trauma
Dr. Bruce Yoneda	RJH	Knee arthroscopy & ligament reconstruction; adult spine
Dr. Zane Zarzour	VGH, RJH	Shoulder arthroplasty & reconstruction, elbow & wrist, elbow replacement, knee arthroscopy & ACLs, paediatric & adult trauma

**PHYSICAL AND REHABILITATION MEDICINE PHYSICIANS**

Physician	Areas of Interest
Dr. James Filbey	Acute Musculoskeletal / Sport Injury, Electrodiagnostic Medicine, Point of Care Ultrasound, Medical Legal Expertise, Concussion / Mild TBI
Dr. Todd Yip	Musculoskeletal medicine, Concussion/mild traumatic brain injury, Wound care, Work-related injuries, Medical legal consultation

**SPORT MEDICINE PHYSICIANS**

Physician	Areas of Interest
Dr. Richard Backus	Adult and Juvenile Sports Medicine, Concussion, Medical Education and Research
Dr. Alex Brothers	Sports Medicine, Point of care ultrasound, Concussion
Dr. Stu Gershman	Sports Medicine, Concussion
Dr. Alain Leblanc	Sports Medicine, Surgical Assisting, Concussion
Dr. Paddy McCluskey	Sports Medicine, Surgical Assisting, Concussion

**INTERNAL MEDICINE PHYSICIANS**

Physician	Areas of Interest
Dr. Jesse Pewarchuk	Osteoporosis Management, General Internal Medicine, Pre-operative Medical Assessments